



2026 Women's Conference Program Schedule

September 10, 2026

When	What	Where	Topic	Speaker
8:00-9:00 am	Registration & Networking Breakfast	Lobby		
9:00-9:30 am	Welcome/Logistics	Main A	Welcome	Nancy Olson Kathy Thornhill Madison Flynn
9:30-10:00 am	Keynote	Main A	The Space Between Thinking and Speaking	Rachel Veiga
10:00-10:20 am	Break/Transition			
10:20-11:20 am	Breakout Session 1	Main A	Brand Your Badass Self	S.K. Lee
	Breakout Session 1	Main B	Human-Centered Leadership and Collaboration: Empowering Women Leaders and Fostering Success	Darlene Spoor and Panel
	Breakout Session 1	Annex	The Shift: Hormones, Identity, and the Woman You Are Becoming	Suzanne Colby
	Breakout Session 1	Redwood Room	Remembering Our Gifts: Beyond Networking, Toward Belonging	Amy Moffat
11:20-11:30 am	Transition			
11:30 am -12:00 pm	Networking Activity	Main A	Building the Networks that Build Us	Denise Kulak
12:00-1:00 pm	Lunch	Served in Lobby Dine in Main A		Kathy Thornhill facilitate
1:00-1:20 pm	Break/Transition			
1:20-2:20 pm	Breakout Session 2	Main A	Strength in Numbers: Collaboration Over Competition	Rosa Dixon and Panel
	Breakout Session 2	Main B	Recalibration and Self Check-in: Knowing When to Take a Breather and Realign	Samantha Montoya Wilson & Nina Tillman
	Breakout Session 2	Annex	Women On Air in Humboldt - Amplifying Our Voices, Strengthening Our Community	Sabina Gallier & Rhiannon Chavez

	Breakout Session 2	Redwood Room	The "F*ck It" Moment: Building the Life You Keep Waiting For	Amethyst Sinn
2:20-2:40 pm	Break/Transition			
2:40-3:40 pm	Breakout Session 3	Main A	Reclaim Your Time: A Practical AI Workshop for Women Who Do Too Much	Marie Doce
	Breakout Session 3	Main B	The Strongest Version of You - Building a Life of Health, Strength and Confidence.	Meredith Matthews
	Breakout Session 3	Annex	Navigating Perimenopause and Menopause	Nicole George-O'Brien
	Breakout Session 3	Redwood Room	Working With Your Wiring: Why Women's Leadership Starts with a Shift from Adaptation to Alignment	Rachel Radway
3:40-4:00 pm	Break/Transition			
4:00-4:45 pm	Keynote	Main A	Two Founders: An Unscripted Conversation on Leadership	S.K. Lee and Rosa Dixon
4:45 - 5:00 pm	Closing Remarks	Main A		Nancy Olson